

# PACKING LIST

## **CLOTHING: LAYERED & WEATHER-APPROPRIATE**

- □ Waterproof rain jacket (a must!)
- □ Warm insulated jacket or puffer coat
- □ Mid-weight fleece or wool sweater
- Thermal base layers (top and bottom)
- □ Long-sleeve shirts (for layering)
- □ Short-sleeve shirts (for indoors or layering)
- Comfortable, weather-resistant pants *(jeans, lined leggings, hiking pants)*
- □ Warm hat/beanie
- □ Water-resistant gloves
- □ Scarf or neck gaiter
- Swimsuit (for hot tubs/spa onboard)
- □ Sleepwear
- □ Undergarments and warm socks (bring a few thermal pairs)
- □ 1–2 dressy outfits (in case you want to dress up for dinner)
- □ Casual layers for daytime onboard

### FOOTWEAR

- □ Waterproof hiking or walking shoes *(essential for excursions)*
- Comfortable sneakers or slip-ons (for the ship)
- Flip-flops or sandals *(spa or pool use)*
- Evening shoes (optional, for dinners)

# DAY USE & GEAR

- Daypack or small backpack *(for excursions)*
- Binoculars (great for spotting whales, eagles, and glaciers)
- □ Sunglasses (for glacier glare)
- □ Glacier gloves or waterproof gloves (*if kayaking or doing* □ glacier hikes)
- □ Ziplock bags or dry bags (protect electronics during wet outings)

# **TOILETRIES & WELLNESS**

- $\square Moisturizer \& lip balm with SPF (wind + cold = dry skin)$
- Motion sickness relief (*Dramamine, bands, or patches*)
- Sunscreen (sunlight reflects off the water and ice)
- □ Basic first-aid supplies
- □ Medications & prescriptions
- $\Box$  Toothbrush, toothpaste, deodorant, shampoo, etc.
- □ Hand sanitizer & wipes

### **ELECTRONICS**

- □ Phone + charger
- □ Camera + extra batteries/memory
- Portable Power bank
- □ Travel alarm or watch
- E-reader or book
- □ Headphones

# **TRAVEL ESSENTIALS**

- □ Passport
- Government ID (even from Seattle, you may need it if entering Canada)
- Cruise tickets and documentation (all the things you need will be sent via email the week before sailing)
- Excursion confirmations
- □ Health insurance/travel insurance info
- Credit/debit cards and some cash

# EXTRAS THAT MAKE LIFE EASIER

- □ Magnetic hooks or clips *(ship walls are metal—useful for hanging hats, coats)*
- □ Laundry bag
- Small flashlight or headlamp *(useful during early or late shore excursions)*
- Highlighter/pen for daily schedule
- □ Small umbrella (optional most excursions go rain or shine)
- Light snacks or protein bars *(for excursions or early mornings)*



